



Senior's Program at Erlanger North

Support and Answers when an Aging Loved One Experiences Mental and Behavioral Changes

Designed for adults aged 60 and older, the Senior's Program at Erlanger North Campus is an inpatient program focusing on diagnosing and treating the mental health issues and complex problems associated with aging. The goal of the program is to preserve the dignity and maximize the functionality of each individual, helping them cope with stressful issues such as grief, loneliness, illness and disability, changing roles and status and family conflicts. Patients may be experiencing depression, anxiety, psychosis and behavioral changes related to dementia.

Referral

The program accepts referrals from many sources: physicians, social service agencies, assisted living facilities, nursing homes, family members and self referrals.

Assessment

An interview with the patient, family member and referring health professional helps determine if the individual meets the criteria for the program and the program meet the patient's needs. When other care alternatives are more appropriate, helpful information and referral services are provided.

Diagnosis

A comprehensive evaluation of the patient's emotional, mental and physical condition is the basis for the treatment plan.

Feedback

In a meeting with the patient and the family, the treatment professionals communicate the results of the evaluation and review treatment choices.

Treatment

Care is provided utilizing a multidisciplinary approach. A typical patient stay is a week to ten days. A program of medication, structured activities, counseling and other methods may be used to prepare the patient for discharge from the hospital. For some patients, the goal is stabilization so that they can return to their home. For others, their inpatient stay may be a transition to a new lifestyle, perhaps moving from living alone to an environment that can better meet their needs. Whatever the individual circumstances, the program is designed to work closely with the entire family in charting a course of treatment and recommending after-care.

The Treatment Team:

- A Board-Certified Psychiatrist
- Psychologist
- Social Worker/Case Manager
- Registered Nurses/LPN's
- Activity Therapist
- Certified Patient Care Technicians

The team is supported by a Board Certified internist, a nutritionist, pharmacist and, as needed, an occupational and physical therapist.

To schedule an appointment for an assessment, call the Senior's Program Monday – Friday, 9:00 a.m. – 5:00 p.m. at (423) 778-3434. At other times, assessments may be provided through the Emergency Department at Erlanger North Campus.

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