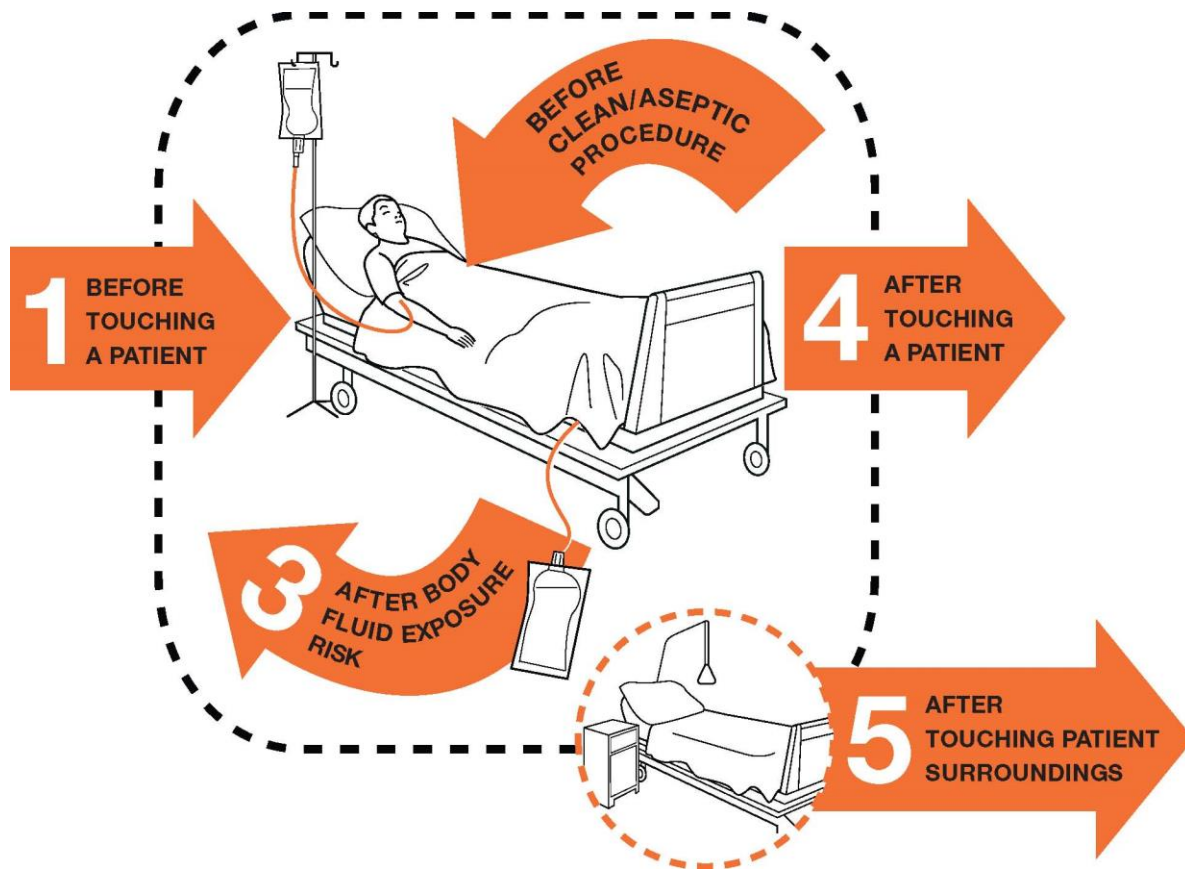


Getting Back to the Basics of Hand Hygiene



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|---|-------------------------------------|-------|--|
| 1 | BEFORE TOUCHING A PATIENT | WHEN? | Clean your hands before touching a patient when approaching him/her. To protect the patient against harmful germs carried on your hands. |
| 2 | BEFORE CLEAN/ASEPTIC PROCEDURE | WHEN? | Clean your hands immediately before performing a clean/aseptic procedure. To protect the patient against harmful germs, including the patient's own, from entering his/her body. |
| 3 | AFTER BODY FLUID EXPOSURE RISK | WHEN? | Clean your hands immediately after an exposure risk to body fluids (and after glove removal). To protect yourself and the health-care environment from harmful patient germs. |
| 4 | AFTER TOUCHING A PATIENT | WHEN? | Clean your hands after touching a patient and her/his immediate surroundings, when leaving the patient's side. To protect yourself and the health-care environment from harmful patient germs. |
| 5 | AFTER TOUCHING PATIENT SURROUNDINGS | WHEN? | Clean your hands after touching any object or furniture in the patient's immediate surroundings, when leaving – even if the patient has not been touched. |
| | | WHY? | To protect yourself and the health-care environment from harmful patient germs. |

Clean hands prior to putting on gloves and after you remove your gloves

Soap and water must be used when - Hands are visibly soiled, prior to eating, after using bathroom and after caring for patients on contact enteric precautions